



2024 Region 1 Level 6/7 Regional Championships Coaches Information

1. Regional Championships will have separate entrances for Coaches/Gymnasts and general admission. Please look for signage directing you to the appropriate entrance. The Coaches/Gymnasts entrance is located between Buildings A and B. Individuals entering the Fairgrounds will be required to pass through a security checkpoint.
2. The entrance for Coaches/Gymnasts will have a table for you to sign in and receive your credentials. If you have a coach that was not pre-registered via the USA Gymnastics Meet Reservation System, they will need to show their photo ID and USA Gymnastics Member Card.
3. Space is limited, please have your gymnasts place their gym bags under chairs located throughout the facility. Only competing gymnasts will be allowed on the competition floor.
4. There will be an area designated for scratches at the head table. Please fill out a "Scratch Card" and place it in the container for processing.
5. Rotations will be in a computer-drawn order and will be reprinted **AFTER** all scratches have been processed. The final rotation schedule will be available to take pictures on your phone.
6. Flight A and Flight B for both Orange Gym (Level 6) and Purple Gym (Level 7) will be clearly marked on the equipment.
7. March out will be immediately following Open Warm Up. Please ask your gymnast to prepare for March In by standing at their starting event for team introductions.
8. Warm Ups for meet format: Modified Non-Traditional
 - a. There will be timers at every event.
 - b. Vault: X minutes times the largest squad for all rotations.
 - c. Bars & Beam: X minutes times the number of gymnasts in the squad. You can block your team on this event or you may warm up the entire squad. Either way, warm up the entire rotation, then compete. The first athlete to compete must warm up first.
 - d. Floor: Flight A 1st rotation warms up then Flight B 1st rotation warms up when Flight A begins competition.
9. Chalk and chalk buckets will be provided.

10. Please be respectful of the judge's tables/space. Refrain from sitting at their tables whenever possible. If you have an inquiry or question for the judges, please consult with our Meet Referees, Teresa Barnard & Julie Jay.
11. It is recommended that Gymnasts bring their own personal water bottles; community water stations will be available for refills.
12. Hospitality for coaches will be available as follows:
 - a. Friday: Breakfast pastries & coffee. Lunch and Dinner via prepaid \$20.00 food voucher for use at Concession A & B and assorted food vendors located outside between Buildings A & B. Pick up food vouchers at the head table.
 - b. Saturday: Breakfast pastries & coffee. Lunch and Dinner via prepaid \$20.00 food voucher for use at Concession A & B and assorted food vendors located outside between Buildings A & B. Pick up food vouchers at the head table.
 - c. Sunday: Breakfast pastries & coffee. Lunch via prepaid \$20.00 food voucher for use at Concession A & B and assorted food vendors located outside between Buildings A & B. Pick up food vouchers at the head table.
13. Athletic Trainers will be available at the head table. They will be available for all your medical needs, including ice.
14. We will have music tables with personnel to play your music or you may play your own.
 - a. Please DO NOT bring music on your phone. Make sure music is on a separate device.
 - b. Turn in music in advance to the music table prior to your athlete's turn on FX.
15. Awards and vendors will be in Building B.
16. Level 6 & 7 State Team leotards will be available for pickup at the K-Bee Leotards booth in Building B. For the Level 6 & 7 State Team sessions, the top six scores on each event will contribute to team score.

**WELCOME TO REGION 1
LEVEL 6 & 7 REGIONAL CHAMPIONSHIPS!**